



The Offices of David H. Nielson, MD  
*Hyperhidrosis USA Micro ETS*

Physician's Ambulatory Surgery Center (PASC IV)  
502 Madison Oak, Suite 500 • San Antonio • Texas • 78258  
(210) 499-6700 Phone



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1202 E Sonterra Blvd, Suite 101  
San Antonio TX 78258  
(210) 490-7464 Phone  
(888) 975-1542 FAX



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# Itinerary



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## Pre-Operative Instructions

### Day prior to Surgery

Arrive in San Antonio, we recommend you arrange flight to arrive prior to 2:00 pm CST.  
Stay in local hotel close to our office, airport and Surgery Center.  
Pre Op visit with Dr. Nielson scheduled in the afternoon.

### Pre Op Instructions / Day of Surgery

Nothing to eat or drink from midnight night before surgery.  
Arrive at surgery center at the designated time given to you.  
A blood test will be drawn the morning of surgery.  
Surgery is performed and you will be discharged later the same day.  
Pick up prescription for pain medication at local pharmacy.

### Day After Surgery

Post op exam in our office with Dr. Nielson.  
You may return to work or school in 2-3 days post op.  
If cleared by Dr. Nielson you may return home later this day, with flight to leave after 12 noon.

### Hotel Info

If you are traveling alone, the surgery center will release you to a shuttle driver not a taxi or chauffer service. Our staff will check on you the day of surgery at your hotel. It is important that you stay at one of the following hotels so we can serve your needs most effectively.

## Hotels

### Drury Inn & Suites (North Stone Oak)

801 N. Loop 1604 East  
(210) 404-1600

\$86 per night  
Free hot breakfast  
Free hot food  
Free cold beverages

### Quality Inn & Suites (Northwoods)

1505 Bexar Crossing  
(210) 545-5400

\$65 per night  
Free deluxe hot breakfast bar  
Fitness center  
Pet friendly

### Hyatt Place (North Stone Oak)

1610 East Sonterra Blvd.  
(210) 545-2810

\$103.00 per night  
Free shuttle  
Free access to LifeTime Fitness  
Free Breakfast Buffet

### Residence Inn Marriott (North Stone Oak)

1115 N. Loop 1604 East  
(210) 545-2810

\$118 per night  
Free shuttle service within 5 mile radius of hotel.  
Free hot breakfast/Hors'de vours  
Close to local restaurants

### La Quinta Inn (North Stone Oak)

18502 Hardy Oak Blvd.  
(210) 497-0506

\$79.00 per night  
Free bright side breakfast  
Close to local restaurants along with food service delivery available

**Pre-Operative Instructions**

**Hotels**

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## Directions to Physician's Ambulatory Surgery Center (PASC IV)



### Physician's Ambulatory Surgery Center IV

(Enter at "The Atrium" and take elevators on the left)

210-499-6700

502 Madison Oak, Suite 500

San Antonio TX 78258

#### If traveling from airport

1. Take 281 North
2. Take 1604 Anderson Loop West (left)
3. Stay on Service Road
4. Take the Stone Oak Parkway Exit
5. Turn north onto Stone Oak Parkway (right)
6. Take Madison Oak Drive (right)
7. Ambulatory Center will be on your right, at the end of the street.

#### If traveling from I-10 East / El Paso

1. I-10 East
2. 1604 Anderson Loop East
3. Take the Stone Oak Parkway Exit
4. Turn north on Stone Oak Parkway (left)
5. Take Madison Oak Drive (right)
6. Ambulatory Center will be on your right, at the end of the street.

#### If traveling from I-35 South / Dallas

1. 1604 Anderson Loop West (right)
2. Take Stone Oak Parkway Exit
3. Go north on Stone Oak Parkway (right)
4. Take Madison Oak Drive (right)
5. Ambulatory Center will be on your right, at the end of the street.

#### If traveling I-10 West / Houston

1. 1604 Anderson Loop North
2. Take Stone Oak Parkway Exit
3. Go north on Stone Oak Parkway (right)
4. Take Madison Oak Drive (right)
5. Ambulatory Center will be on your right, at the end of the street.

#### If traveling I-37 North / Corpus Christi

1. Turns into 281 North going through downtown.
2. Take 1604 Anderson Loop West (left)
3. Take Stone Oak Parkway Exit
4. Go north on Stone Oak Parkway (right)
5. Take Madison Oak Drive (right)
6. Ambulatory Center will be on your right, at the end of the street.

#### If traveling I-35 North / Laredo

1. Take 281 North Exit
2. Take 1604 Anderson Loop West (left)
3. Take Stone Oak Parkway Exit
4. Turn north onto Stone Oak Parkway (right)
5. Take Madison Oak Drive (right)
6. Ambulatory Center will be on your right, at the end of the street.

Map to Physician's Ambulatory Surgery Center (PASC IV)

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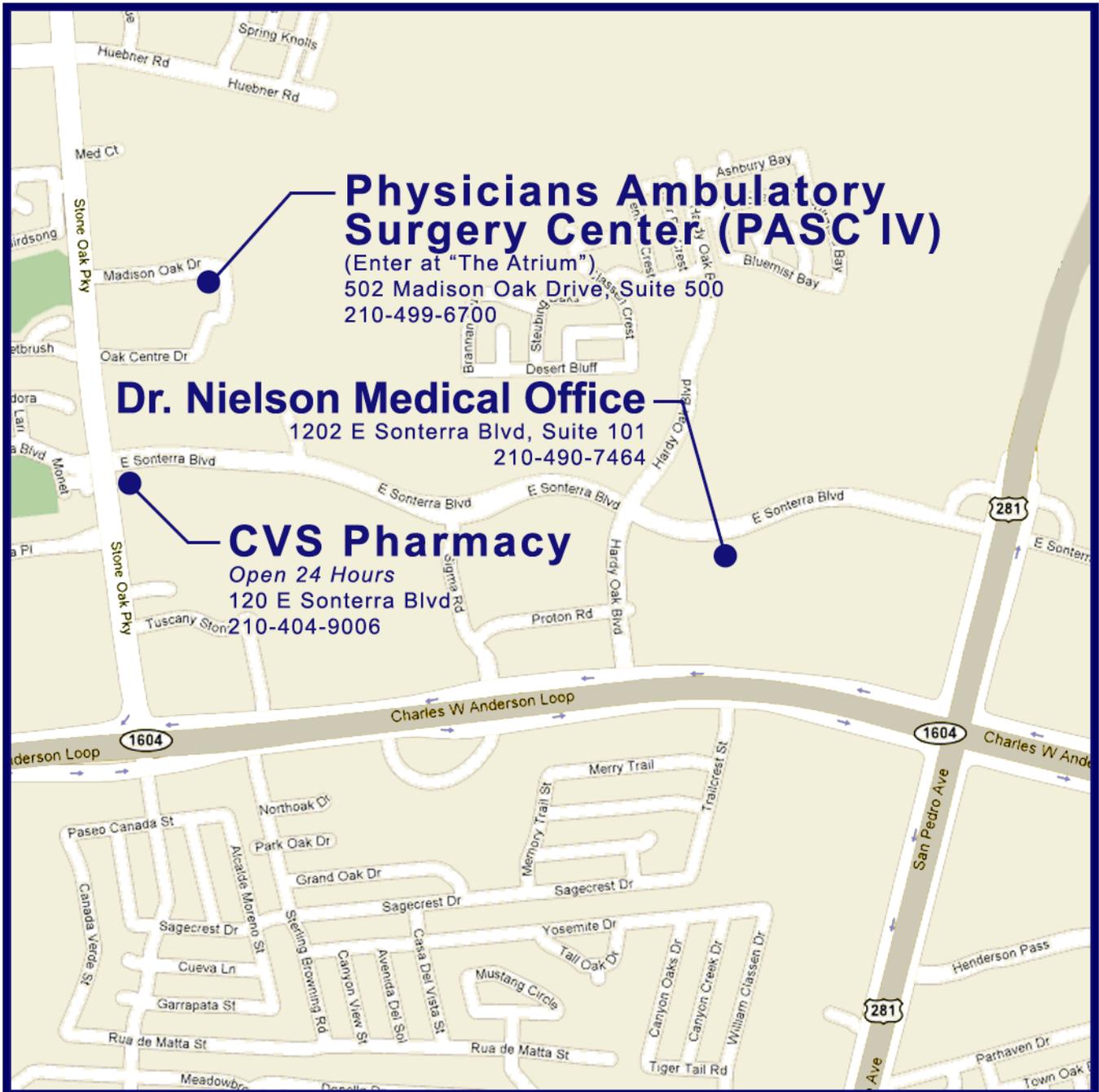
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